



MIDAS



Meadowfield Inclusion Development and Support

Workshops for Professionals

2016-2017



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PAEDIATRIC FIRST AID

**3 courses available on:
Thursday 22 & Wednesday 28 September 2016
or Thursday 12 & Wednesday 18 January 2017
or Wednesday 17 & Wednesday 24 May 2017**

09:30-15:30

**Presented by:
Jacky Baldock – First Aid Trainer**

Workshop objectives

This **two-day** paediatric first aid course focuses on emergency scenarios that face professionals looking after young children and infants, including teachers, playgroup leaders, childcare providers and childminders. The paediatric first aid course meets the standards required by Ofsted. The course covers how to deal with accidents and emergencies involving babies and children.

Workshop content

- The role of the first aider and managing an emergency
- Communication and casualty care
- Head Injuries, eye injuries, bone, muscle, joint and spinal injuries
- Foreign objects, allergic reaction, heat and extreme cold
- Asthma and diabetic emergencies, poisons, bites and stings
- Bleeding
- Resuscitation (all ages CPR)
- Seizures
- Burns
- Childhood conditions (Measles, Meningitis, Croup)
- Choking

Target Audience

This **two-day** course is for people working with younger children - those up to eight years old – or working towards an NVQ in Childcare and Education.

£120.00 per delegate

Lunch & refreshments are provided

LAUNCH OF THE WELLBEING TOOL KIT PART 2 FOR PROFESSIONALS

Friday 23 September 2016

09:00 – 16:00

Presented by:
Dr Tina Rae

Educational & Child Psychologist, Author & Educational Consultant
Sophie Cartwright, Becky Kenny, Swale STLS
Katie Skinner, Pupil Wellbeing Manager, Meadowfield

Workshop objectives

This day will launch the Wellbeing Tool Kit Part 2 for Professionals. Wellbeing Tool Kit Part 2 aims to provide the necessary resources to enable staff to maintain and further enhance their own wellbeing so that, in essence, they can describe themselves as fit, well and flourishing – both personally and professionally.

Workshop content

Wellbeing in schools is a fundamental pre-requisite for healthy constructive and productive quality teaching and learning. Both students and teachers need to be supported, fit and well to be inspired and inspiring.

This workshop introduces participants to the Tool Kit package of training and resources which includes information leaflets, strategies, skills-based activities and PowerPoint presentations.

The day will comprise of a key note presentation by Dr Tina Rae and three workshops delivered by The Specialist Teaching and Learning Service (Swale STLS) covering key topics from the Tool Kit for Professionals.

Target Audience

All staff in Early Years settings, primary and secondary schools, as well as other professionals working with children and young people in a range of settings.

Cost: £100 per delegate *Price includes a copy of the Wellbeing Tool Kit Part 2 (RRP £100) which is a highly valuable resource for use in all schools*
Or **£30 per delegate** *workshop only*

Lunch & refreshments are provided

PHONICS FOR BEGINNERS

Friday 30 September 2016

09:30 – 15:30

Presented by:
Sophie Cartwright, Swale STLS

Workshop objectives

To provide participants with an overview of phonic development and how to implement phonics in the classroom. To develop participants phonological awareness.

Workshop content

Participants will be given an overview of how phonics has developed and an opportunity to consider the most popular synthetic phonics programmes. Participants will be enabled to further develop their own phonological awareness and become familiar with specific terminology. Participants will consider phonic assessments to determine a child's phonic skill level. There will also be opportunities to experience delivery of synthetic phonics.

Target Audience

SENCOs, TAs, teachers and anyone who needs to improve their knowledge and understanding of phonics.

£50.00 per delegate

Lunch & refreshments are provided

SENCO SURVIVAL

Thursday 6 October 2016

09:30 – 12:30

Presented by:
Sophie Cartwright, Swale STLS
Louise Mayhew, Speech & Language Therapist

Workshop objectives

Participants will understand speech, language and communication needs (SLCN), incidence figures and potential impact of difficulties both academically and socially. They will know of and understand how to use a range of assessment tools to audit whole school practice based on developing language friendly environments. SENCOs will return to school confident to suggest key practical strategy ideas to support pupils across the curriculum.

Workshop content

This is a single session **half-day** course delivered by accredited trainers and focussing on key aspects of speech, language and communication development, including measuring impact on pupil progress and curriculum delivery. Course participants will receive a SENCO Survival kit in a canvas bag, consisting of an Assessment Tools file, Audit Tools file, a demonstration kit of visual resources including visual cue cards, task management boards and visual timetables and other Language for Learning resources.

Target Audience

Primary and secondary school SENCOs, senior leaders in primary and year group/pastoral leaders in secondary schools.

£60.00 per delegate

Refreshments are provided

Please note this course is only bookable via CPD online

FIRST AID AT WORK

**2 courses available on:
Monday 10 & Monday 17 October 2016
or Wednesday 22 & Wednesday 29 March 2017**

09:30-15:30

**Presented by:
Jacky Baldock – First Aid Trainer**

Workshop objectives

This **two-day** First Aid at Work training course is for people wishing to gain a qualification in workplace first aid and also for anyone wishing to renew their current First Aid at Work qualification. (The Health and Safety Executive strongly recommend that you requalify within a month of your certificate expiring.)

Workshop content

- The course will show you the theory and practice of how to deal with day to day emergencies in the workplace
- This is an intensive course which covers the contents of the three-day First Aid at Work course in two days

Target Audience

People wishing to obtain or renew a First Aid at Work qualification.

£120.00 per delegate

Lunch & refreshments are provided

OMG! ADHD

Tuesday 11 October 2016

09:30 – 15:30

Presented by:
Katie Skinner, Pupil Wellbeing Manager, Meadowfield

Workshop objectives

For participants to:-

- Understand what Attention Deficit Hyperactivity Disorder (ADHD) is
- Know what causes ADHD
- Understand the effects of ADHD
- Consider how to develop effective strategies to support children and young people with ADHD

Workshop content

- Gaining an awareness of the diagnosis of ADHD
- Considering strategies and interventions to support learning
- Exploring positive approaches to behaviour management including the use of sanctions and rewards
- Considering what is 'good practice' for children with ADHD at home and at school

Target Audience

This workshop is suitable for staff in Early Years settings, primary and secondary schools who have not previously attended training on ADHD, as well as professionals working with children and families who wish to gain an awareness of ADHD.

£50.00 per delegate (Schools)

£30.00 per delegate (EY settings)

Lunch & refreshments are provided

LANGUAGE FOR LEARNING MODULE 1 - KS 1 & 2

**2 courses commencing on:
Thursday 13 October 2016
or Thursday 9 March 2017**

09:30-12:30

**Presented by:
Sophie Cartwright & Becky Kenny, Swale STLS
Kate Semmens & Lucy Porter, Speech & Language Therapists**

Workshop objectives

Participants will gain an understanding of the term speech, language and communication needs (SLCN) and be able to adopt a structured approach from identification to intervention for pupils with SLCN.

Participants will understand how to use a range of general and specific strategies to support pupils across the curriculum including any commercial resources the school may already have to support SLCN.

Workshop content

This is a licensed course delivered by accredited trainers. There will be **five sessions** focussing on key aspects of speech, language and communication development, including measuring impact on pupil progress and curriculum delivery.

The course is underpinned by reflective practice and collaboration, therefore it is expected that a teaching assistant and class teacher attend together.

Session 1 - Introduction

Session 2 - Processing instructions and information

Session 3 - Understanding the meaning of words

Session 4 - Social communication

Session 5 - Measuring impact and sharing good practice

Course 1 dates: 13 October, 3, 17 November 2016 and 23 February 2017

Course 2 dates: 9, 23 March, 20 April and 6 July 2017

Target Audience

Class teachers and teaching assistants working in collaborative pairs.

Class teachers attending alone if the TA has already been trained or attended another Language for Learning course.

£100.00 per delegate

Refreshments are provided

Please note this course is only bookable via CPD online

LEGO AS AN INTERVENTION

**2 courses are available on:
Thursday 20 October 2016 & Monday 23 January 2017
or Monday 13 March & Friday 16 June 2017**

09:30 – 12:00

**Presented by:
Clare Bridgewater, Inclusion and Outreach Manager, Meadowfield
Katie Skinner, Pupil Wellbeing Manager, Meadowfield**

Workshop objectives

In this practical **two-part** workshop, delegates will gain an understanding of the theory and practicalities for the use of LEGO kits with children who have communication and interaction difficulties, as well as guidance and feedback on setting up and running LEGO groups in school.

Workshop content

Originally devised in the U.S. as a therapeutic intervention by Daniel Legoff, there is now a growing interest amongst schools in the use of LEGO kits to promote the development of communication and interaction skills in children and young people with ASD.

The format and structure of a LEGO group session combined with the inherently motivating and engaging aspect of using LEGO kits to build a model, has been demonstrated to have a positive impact on the development of key pro-social skills.

Session 1 covers theory and setting up of a LEGO group

Session 2 covers troubleshooting, feedback and evaluating your group

Participants will need to bring 1 small LEGO kit (The 3 in 1 Creator Kits are ideal and only cost £5 from supermarkets).

Target Audience

Staff in Early Years settings, primary and secondary schools.

£50.00 per delegate (Schools)

£30.00 per delegate (EY settings)

Refreshments are provided

KENT ASD STAGE 1 AWARENESS RAISING - PRIMARY

**2 courses available on:
Tuesday 1 November 2016
or Thursday 2 March 2017**

09:30 – 15:30

**Presented by:
Becky Kenny, Swale STLS
Katie Skinner, Pupil Wellbeing Manager, Meadowfield**

Workshop objectives

Participants will gain an understanding of Autism and the strategies and interventions to support children and young people who have a diagnosis of Autism Spectrum Disorder (ASD).

Workshop content

- What is ASD?
- Psychological theories relating to ASD
- Implications for communication and interaction
- Creating an appropriate learning environment – strategies and interventions
- Dealing with behaviour – understanding and supporting pupils
- Developing effective support for pupils with ASD in your school

Target Audience

This **one-day** workshop is designed for staff in primary schools who are new to working with pupils with ASD or those who have not previously attended Autism training.

£50.00 per delegate

Lunch & refreshments are provided

POSITIVE RELATIONSHIPS & SOCIAL DEVELOPMENT IN EARLY YEARS

**2 courses are available on:
Wednesday 2 November 2016
or Tuesday 28 March 2017**

13:00-16:00

**Presented by:
Christine Cardosi & Clare Barwood, Swale STLS**

Workshop objectives

- To develop effective practice in supporting children where behavioural, emotional and social development is causing concern
- You will consider how the environment impacts on behaviour and increase your confidence and skills in using strategies to support children with social and emotional difficulties

Workshop content

We will consider behaviour in the context of children's developmental levels and interactions with their environments. There will be opportunities to explore the implications for our practice through group discussion and reference to the Inclusion Development Programme. We will look at a range of strategies to promote positive relationships within the context of a whole team approach.

Target Audience

Staff in Early Years settings new to their role and those wishing to refresh their skills.

£15.00 per delegate

Refreshments are provided

SELF HARM

Thursday 3 November 2016

09:30 – 15:30

Presented by:
Dr Tina Rae

Educational & Child Psychologist, Author & Educational Consultant

Workshop objectives

- Support staff to identify the risk factors for self-harm and the prevalence of such behaviours amongst children and young people, dispelling myths around this topic
- Explore approaches to support young people to manage such behaviours via school based intervention programmes and the development of whole school policy and practice in this area
- Consider strategies and interventions for the most vulnerable young people and the route for referral to specialist agencies
- Develop an understanding of how to use Cognitive Behaviour Therapy (CBT) approaches and Positive Psychology approaches to enhance pupil engagement and wellbeing and provide preventative approaches for managing stress and anxiety in school and at home
- Participate in activities to explore, discuss and share useful resources and ideas for supporting young people
- Clarify the risks of online behaviours in this area

Workshop content

In this course Tina will introduce participants to the concept of self-harm. This **one-day** course will offer participants the opportunity to increase their understanding of this complex issue and to consider the best methods to engage in preventative work. Key tools from CBT and Positive Psychology will be introduced to support children and young people with anxiety and high stress levels. There will be a focus on the impact of social media and a framework for developing whole school/service policy will be provided.

Target Audience

Suitable for SENCOS, Learning Mentors, Headteachers, pastoral leads, home school workers and teachers across all key stages.

£80.00 per delegate

Lunch and refreshments are provided

KENT ASD STAGE 1 AWARENESS RAISING - EARLY YEARS

**2 courses available on:
Monday 7 November 2016
or Wednesday 26 April 2017**

09:30 – 15:30

**Presented by:
Christine Cardosi, Swale STLS**

Workshop objectives

Participants will gain an understanding of Autism and the strategies and interventions to support children who have a diagnosis of Autism Spectrum Disorder (ASD), with a focus on children in Early Years.

Workshop content

- What is ASD and how does it affect children?
- The impact that ASD has on an individual's communication, language and play skills
- Creating an appropriate learning environment
- Understanding and managing behaviour through a range of practical strategies
- Developing effective support for pupils with ASD in your setting

Target Audience

Staff in Early Years settings.

£30.00 per delegate

Lunch & refreshments are provided

BEHAVIOUR RECOVERY

Tuesday 8 November 2016

09:30 – 15:30

Presented by:
Dr Mike Waters, Consultant, Trainer and Coach

Workshop objectives

This workshop is about recovering your full control of a class.

The intention is for you to leave feeling more confident and better equipped to lead and manage a class or teaching group whose behaviour is giving you cause for concern.

The ultimate intention is for you to be able to make learning, not behaviour management, your primary focus.

Workshop content

- How to “start off” with a class so as not to see their behaviour slide
- What confident and secure class leadership looks like
- Establishing a positive and secure learning environment
- Defining and establishing the relationships you need with your pupils
- The strategies and techniques that will enable you to recover your authority and your pupils’ willing cooperation

Target Audience

All teachers and support staff who want to establish or recover the good behaviour of their classes and staff members with responsibility for behaviour.

£80.00 per delegate

Lunch & refreshments are provided

DYSLEXIA AWARENESS RAISING

Thursday 10 November 2016

Time: 09:30 - 12:30

Presented by:
Sophie Cartwright, Swale STLS

Workshop objectives

To gain an understanding of the term dyslexia and to be aware of the Kent Policy for dyslexia. To be aware of practical strategies to support pupils with literacy difficulties.

Workshop content

This half day workshop is part of the core training offer to support the Universal Level of Mainstream Core Standards and Best Practice Guidance.

In this workshop participants will be introduced to the Kent policy and gain an understanding of the definition of dyslexia. Participants will explore the barriers to learning that dyslexia presents and be introduced to practical strategies that will support pupils with these difficulties.

Target Audience

Mainstream primary and secondary teachers and teaching assistants who are new to working with children with literacy difficulties.

£30.00 per delegate

Refreshments are provided

MAKATON BEGINNERS WORKSHOP

Monday 21 November & Monday 28 November 2016

09:30 – 15:30

Presented by Regional Makaton Tutors:

**Clare Bridgewater, Inclusion & Outreach Manager, Meadowfield
Carol Parry, Speech & Language Therapist, Ifield**

Workshop objectives

Participants will learn the principles underlying the use of signing and symbols. They will learn signs and symbols for stages 1-4 and additional vocabulary.

Workshop content

The Beginners' **two-day** Workshop provides a practical introduction to the Makaton Language Programme. Over 100,000 children and adults use Makaton symbols and signs, either as their main method of communication or as a way to support speech. The sessions include discussing commonly asked questions, hints and tips for effective signing and symbol use and how to start using Makaton in everyday situations at home or work. You will also learn the signs and symbols for Stages 1-4 and Additional of the Core Vocabulary.

Participants will consider what signs and symbols are relevant for them and plan for how to establish and maintain an inclusive signing environment.

Study Materials: You will receive two workshop manuals, which include the signs and symbols that you have learnt.

Target Audience

This **two-day** Workshop is suitable for professionals, parents and carers.

£80.00 per delegate

Lunch & refreshments are provided

SOCIAL STORIES

23rd November 2016

09:30 - 15:30

**Presented by:
Dr Jeanette Slater, Kent Educational Psychology Service**

Workshop objectives

- To develop an understanding of the characteristics of effective social stories
- To be able to create your own social stories for individual children and young people in your school

Workshop content

- Presentation of the theory behind social stories
- How to write an effective social story (Based on Carol Gray's work)
- Practise writing social stories

Target Audience

Mainstream primary and secondary teachers and teaching assistants, all staff in Early Years settings.

£80.00 per delegate

Lunch & refreshments are provided

DYSCALCULIA WORKSHOP

**2 courses are available on:
Friday 25 November 2016
or Friday 28 April 2017**

09:30 – 12:30

**Presented by:
Sophie Cartwright, Swale STLS**

Workshop objectives

- Participants will understand what is meant by the term dyscalculia
- Participants will have practical assessment methods to enable them to understand the ways that individuals with dyscalculia and numeracy difficulties learn
- The workshop will provide practical strategies to support individuals with dyscalculia and numeracy difficulties

Workshop content

This **one-day** workshop is core training to support the Universal Level of Mainstream Core Standards and Best Practice Guidance. Participants will explore the definition of dyscalculia and how to assess children's early maths skills effectively. There are extensive opportunities to explore a range of practical activities to address each area of difficulty.

Target Audience

Mainstream primary and secondary teachers and teaching assistants.

£30.00 per delegate

Refreshments are provided

SUPPORTING CHILDREN TO USE THE 5 POINT SCALE TO REGULATE THEIR BEHAVIOURS

Tuesday 29 November 2016

09:30 – 12:30

**Presented by:
Becky Kenny, Swale STLS**

Workshop objectives

This **half-day** session will focus on understanding why some children struggle with staying in control of their emotions and behaviours. Participants will be introduced to the 5 point scale and consider how it can be used at home, at school and in the community.

Workshop content

- Reasons why children can struggle to stay in control of their emotions
- How and why scaling questions can be useful
- Considering what issues may be addressed using a 5 point scale
- How a 5 point scale works in practice and how it can help children to learn how to identify and manage their own behaviours and emotions

Target Audience

This workshop is suitable for anyone working with children who need assistance with self-regulation, especially Key Stages 2 – 4.

£30.00 per delegate

Refreshments are provided

THE WELLBEING TOOL KIT PART 1

Tuesday 10 January 2017 – TAs
Monday 30 January 2017 - Teachers

09:30 – 15:30

Presented by:
Becky Kenny, Swale STLS
Katie Skinner, Pupil Wellbeing Manager, Meadowfield

Workshop objectives

This is a **one-day** workshop to empower professionals and staff who work with children and young people to begin to learn relevant therapeutic approaches and skills whilst increasing confidence in identifying at risk students. To help prevent escalation in perceived difficulties and problems by enhancing emotional wellbeing in students and providing support for students with Social, Emotional & Mental Health (SEMH) difficulties in order to remove the barriers to effective teaching and learning.

Workshop content

- Understanding mental health and wellbeing
- Developing assessment for wellbeing
- Understanding stress, depression and anxiety
- Managing anger
- Understanding self-harm
- Building resilience, using tools of Positive Psychology
- Using peer supervision and maintaining staff wellbeing

Target Audience

For TAs - Teaching Assistants, FLOs and other support staff who are so often on the receiving end of children's frustration, anger and unhappiness.

For Teachers - Headteachers, SENCOs and classroom practitioners faced with the increasing demands placed on them by deteriorating standards of behaviour and wellbeing.

£50.00 per delegate

Lunch & refreshments are provided

COMMUNICATE IN PRINT

Friday 13 January 2017

09:30 – 12:30

Presented by:
Becky Kenny & Sophie Cartwright, Swale STLS

Workshop objectives

- To know when using Communicate In Print (CIP) might be appropriate with an opportunity to explore resources
- To be able to navigate the program effectively to create resources
- To make and take away CIP resources for use in school

Workshop content

A brief overview of what CIP is and how it can support a range of pupils. An opportunity to explore existing resources including some that are downloadable.

A hands-on tutorial on the basic functions of CIP and time to create resources to take back to school.

Laptops will be available but delegates can bring their own (with CIP installed) if preferred.

Target Audience

Staff in Early Years settings, primary and secondary schools who will have access to Widgit CIP software.

£30.00 per delegate (Schools)

£15.00 per delegate (EY settings)

Refreshments are provided

ASD & ANXIETY

Wednesday 18th January 2017

09:30 - 15:30

Presented by:
Andréa Honess & Anna Lewis
Kent Educational Psychology Service

Workshop objectives

- To understand how anxiety forms such a barrier to learning
- To empathise with children and young people who feel anxious at school
- To explore a range of evidence-based interventions to support children and young people who have Autism Spectrum Disorder (ASD) and experience significant levels of anxiety

Workshop content

- Understanding different types of anxiety
- Sensory needs and associated anxiety for people with ASD
- Theories of autism and the link to anxiety
- Psychological interventions to help children and young people to manage their anxiety
- Successful reintegration to school after a period of school refusal due to severe anxiety

Target Audience

SENCOs, primary and secondary teachers working with children and young people with ASD, TAs and other professionals.

£80.00 per delegate

Lunch & refreshments are provided

DYSLEXIA LEVEL 2 WORKSHOP

Three-part workshop on:-
Session 1 Thursday 19 January 2017
Session 2 Thursday 2 February 2017
Session 3 Thursday 30 March 2017

09:30 – 12:30

Presented by:
Sophie Cartwright, Swale STLS

Workshop objectives

To provide delegates with a greater awareness of the assessment and identification of dyslexia. To understand the barriers to learning and how interventions can support learners.

Workshop content

This is a **three-part** workshop

Session 1 - considers identification and assessment of dyslexia

Session 2 - investigates phonic development and interventions

Session 3 - is a review of research projects and support for policy development and working with parents

Target Audience

This **three-part** workshop is suitable for school staff wishing to develop a specialism in teaching children with difficulties in literacy and/or who take a lead role in the school for literacy.

£80.00 per delegate

Refreshments are provided

'CLEVER FINGERS' AND DEVELOPING FINE MOTOR SKILLS

Friday 20 January 2017

09:30 – 12:30

Presented by:
Karen Al Khina, Paediatric Occupational Therapist

Workshop objectives

To develop a greater understanding of fine motor skills development and competency and to raise awareness of the Clever Fingers strategy and how to implement this fine motor skills resource in your school.

Workshop content

This half day training will introduce you to the building blocks of fine motor skills development, as well as Clever Fingers and how it all works.

Do you work with pupils that have: poor motor co-ordination, poor fine motor skills, dyspraxia, poor independence skills? Then Clever Fingers is for you!

It is a fun and highly-motivating activity-based strategy devised for schools to help pupils of all ages with fine motor difficulties.

Clever Fingers is a 'Best Practice' strategy for AEN pupils. As a Resource Pack it comprises of an Interactive Web-based Application (Web App) with an accompanying book which provides:-

- Ideas and supporting resources for activities suitable for the classroom
- The means to identify potential underlying reasons for a pupil's poor fine motor skills
- Guidance on how to appropriately address these difficulties through the use of a Clever Fingers Activity Box
- The means to produce individualised Activity Selection Cards for pupils to use with a Clever Fingers Box
- The tools to assess and monitor pupils' progress
- An overview of the essential components of fine motor skills

This training will provide you with practical hands-on opportunities to try out the Resource Pack and create your own ideas for a Clever Fingers Box and activities.

For further information about Clever Fingers visit www.cleverfingers.co.uk

Target Audience

Suitable for SENCOs, teachers, TAs, support/advisory services and parents.

£60.00 per delegate

Refreshments are provided

MAKATON FOUNDATION WORKSHOP

Tuesday 24 January & Tuesday 31 January 2017

09:30 – 15:30

Presented by Regional Makaton Tutors:

Clare Bridgewater, Inclusion & Outreach Manager, Meadowfield
Carol Parry, Speech & Language Therapist, Ifield

Workshop objectives

This **two-day** Foundation Workshop provides a detailed introduction to the Makaton Vocabulary combining a practical approach with theory and technical information. Participants will learn the signs and symbols from Core Vocabulary Stages 1-4 and Additional.

Workshop content

Over 100,000 children and adults use Makaton symbols and signs, either as their main method of communication or as a way to support speech. The lecture sessions include research into sign use, symbols, design themes, the use and purpose of Makaton, and an overview of alternative systems of communication. The practical sessions introduce the Core Vocabulary and provide opportunities to practise these signs and symbols. Participants will consider what signs and symbols are relevant for them and plan for how to establish and maintain an inclusive signing environment.

Target Audience

The Foundation Workshop is recommended for professionals who need to use Makaton in their work, as well as for others who wish for a more in-depth training. This workshop is an essential part of entry criteria for Makaton Local and Regional Tutor Training.

£80.00 per delegate

Lunch & refreshments are provided

THE ADOLESCENT BRAIN

Tuesday 24 January 2017

09:30 - 12:30

Presented by:
Dr Alex Hassett

Principal Lecturer and Senior Consultant Psychologist

Workshop objectives

- Gain an awareness of how the brain develops and the importance of the early years and relationships for this development
- Develop an awareness of adolescent brain development
- Develop an understanding of the impact of trauma and stress on the development of the brain
- Explore how these ideas apply in an educational setting
- Explore how we can use the relationship in working with young people

Workshop content

- Human brain development and the importance of positive brain development in early years
- The role of the relationship (through containment, attunement and co-regulation) in providing the context for optimal brain development
- Adolescent brain development, cognitive and psychological development and emotional functioning
- Impact of trauma and stress on children and young people
- How we can use the relationship to work with young people
- Understanding our pupils' behaviour and the implication for behaviour management

Target Audience

All school staff and other professionals working with children and young people in a range of contexts.

£60.00 per delegate

Refreshments are provided

AUDITORY PROCESSING DISORDER

Thursday 26 January 2017

09:30 – 12:30

Presented by:
Sophie Cartwright, Swale STLS

Workshop objectives

This session will develop delegates' awareness of Auditory Processing Disorder (APD) and the impact it can have on learning as well as offering practical strategies to support children and young people in the classroom.

Workshop content

Children with APD may have noticeable problems from an early age, although sometimes these symptoms may not be obvious or may not be apparent until they start school. It is thought that 5% of the population may have APD to some degree. This workshop will explore:-

- What is APD?
- What is the impact of APD on learning?
- Practical strategies for supporting children and young people

Target Audience

All staff working with pupils in primary and secondary schools.

£30.00 per delegate

Refreshments are provided

SLEEP EASY

Tuesday 21 February 2017

09:30 – 15:30

Presented by:

Clare Bridgewater, Outreach & Inclusion Manager, Meadowfield

Workshop Objectives

Research indicates that sleep problems can be a persistent and severe problem for the majority of children with learning disabilities. Improved sleep can lead to reduced stress within the family and improved educational outcomes for the young person. This workshop will raise awareness of sleep difficulties and possible strategies to support families to make small changes that can result in significant benefits.

Workshop Content

This **one-day** workshop will:-

- Introduce participants to a range of sleep problems in children and young people with additional support needs
- Consider the sleep patterns and processes in children and young people with additional support needs
- Identify possible causes of sleep difficulties
- Consider cognitive and behavioural techniques to improve them
- Explore how to effectively support families to successfully manage their children's sleep problems

Target Audience

This workshop is open to professionals supporting families in a range of contexts including SENCOs, mainstream and special school teachers, FLOs, TAs, Mentors and Family Support Workers.

£50.00 per delegate (Schools)

£30.00 per delegate (EY settings)

Lunch and refreshments are provided

CBT – PRACTICAL APPROACHES FOR USE WITH CHILDREN & YOUNG PEOPLE

Tuesday 28 February 2017

09:30 – 15:30

**Presented by:
Dr Tina Rae**

Educational and Child Psychologist, Author and Educational Consultant

Workshop objectives

In this **one-day** workshop, participants will be introduced to key tools and strategies from Cognitive Behaviour Therapy (CBT) and provided with opportunities to practise and apply these both to case studies and real life examples.

Workshop content

CBT reveals the role that thoughts play in relation to both our emotions and our behaviours. This approach advocates that changing thought processes can have a significant effect upon altering behaviours. CBT focuses upon the “here and now” as well as ways to improve the individual state of mind in the present time.

Participants will:-

- Review the history of CBT
- Learn about the theory and principles underpinning the cognitive model
- Learn how to apply the cognitive model
- Consider the rationale, process and key considerations when setting CBT homework tasks
- Practice key tools and strategies
- Take away a set of resources and tools for use in the school/support context

Target Audience

Staff in primary and secondary schools and other professionals supporting children, young people and their families.

£80.00 per delegate

Lunch & refreshments are provided

GIRLS & AUTISM

Tuesday 7 March 2017

13:00 – 16:00

Presented by:
Sarah Wild, Headteacher, Limpsfield Grange School

Workshop objectives

To develop an understanding of the female presentation of autism.

Workshop content

Limpsfield Grange is an outstanding residential and day school for girls aged 11 -16 with communication and interaction difficulties. Their students have a wide range of needs and many have a diagnosis of Autistic Spectrum Disorder (ASD) including Asperger's Syndrome. Girls who attend Limpsfield Grange suffer from high and persistent levels of anxiety.

Staff at Limpsfield Grange believe that they have a part to play in educating the wider society about female autism. You may have seen their ITV documentary "Girls with Autism" or have read "M is for Autism" the novel written by Limpsfield Grange students.

Sarah will explore the themes of anxiety, friendship, mental wellbeing and mental health, vulnerabilities and risks for autistic girls.

Target Audience

SENCOs, parents and interested professionals (primarily based on secondary aged student experience).

£40.00 per delegate

Refreshments are provided

CONNECTING TO THE DISCONNECTED

Wednesday 8 March 2017

09:30 – 15:30

**Presented by:
Dr Mike Waters, Consultant, Trainer and Coach**

Workshop objectives

This day is about helping you better connect to and work with a whole range of pupils who are difficult to teach, reach, engage or motivate.

The intention is to offer you thinking, ideas and strategies that go beyond the standard behaviour management strategies that may not work with or apply to hard-to-reach pupils.

Workshop content

- Understanding the range of connection issues
- Relationship based teaching & mentoring
- Establishing deep rapport
- The internal shifts that are crucial for you
- Therapeutic, psychological and “spiritual” approaches to connecting
- Engagement and motivation strategies
- Building trust in the process of communication

Target Audience

SENCOs, teachers, TAs, mentors, PRU staff, FLOs, pastoral leaders, external support professionals and parents.

£80.00 per delegate

Lunch & refreshments are provided

CIRCLE OF FRIENDS

Wednesday 22nd March 2017

09:30 - 12:30

Presented by:

Lucy Browne & Kelly Underdown, Kent Educational Psychology Service

Workshop objectives

- To understand why social inclusion and social acceptance at school matters so much
- To know about the Circle of Friends intervention and the evidence for its effectiveness in promoting social inclusion
- To feel confident in setting up a Circle of Friends intervention and measuring its effectiveness

Workshop content

- Introduction to the Circle of Friends intervention
- The importance of social inclusion
- The barriers to social inclusion at school
- Explaining how to set up a Circle of Friends
- Discussing how best to run the groups
- Exploring how to evaluate its effectiveness

Target Audience

Staff in primary or secondary schools.

£40.00 per delegate

Refreshments are provided

VISUAL SUPPORT STRATEGIES - EARLY YEARS

Wednesday 10 May 2017

09:30 – 12:30

Presented by:
Christine Cardosi, Swale STLS

Workshop objectives

For delegates to have an increased awareness of the range of visual strategies to use for supporting children's learning and behaviour.
For delegates to reflect on a need in their own setting and produce a visual resource to meet it.

Workshop content

We will explore what we mean by visual strategies and gain an understanding of how they support learning. There will be a range of resources for practitioners to explore and an opportunity to make a resource for your own setting or specific child.

Target Audience

Staff in Early Years settings.

£15.00 per delegate

Refreshments are provided

BEHAVIOUR FOR LEARNING

Thursday 11 May 2017 – Secondary
Thursday 18 May 2017 - Primary

09:30 – 15:30

Presented by:

Clare Bridgewater, Inclusion & Outreach Manager, Meadowfield
Katie Skinner, Pupil Wellbeing Manager, Meadowfield

Workshop objectives

Participants will consider the unwanted low-level behaviours that impact on learning within the classroom and explore strategies and interventions to support positive behaviour, wellbeing and engagement.

Workshop content

During this **one-day** workshop participants will:-

- Identify the behaviours that are barriers to learning and consider the underlying causes of these behaviours
- Explore approaches to support positive behaviour in order that learning opportunities in the classroom are maximised
- Consider strategies and interventions that can be used within the classroom setting with a focus on the individual support required
- Develop an understanding of building positive relationships with individual pupils to enhance pupil engagement and wellbeing
- Participate in interactive sessions to explore, discuss and share good practice when dealing with unwanted low level behaviours that can impact on learning

Target Audience

This workshop is relevant for teachers and TAs in secondary schools (11th May) and primary schools (18th May).

£50.00 per delegate

Lunch & refreshments are provided

AN INTRODUCTION TO SENSORY PROCESSING DISORDERS AND SENSORY INTEGRATION

Monday 15 May 2017

09:30 – 15:30

**Presented by:
Karen Al Khina, Paediatric Occupational Therapist**

Workshop objectives

To provide an introduction to Sensory Processing Disorder (SPD), and the challenges and significant impact it can have on children and their ability to access learning, as well as function and cope at school, home and in their everyday lives.

Workshop content

Do you work with children that exhibit:-

Oversensitivity or under-sensitivity to touch, taste, smell, sound or sight?

Oversensitivity or under-sensitivity to movement sensations?

Unusually high or low activity levels?

Problems with motor coordination?

Once thought to affect only children with ASD, or mistaken for ADHD, sensory processing difficulties are now being recognised as a separate condition that can affect many different children (and adults).

This **one-day** training will include both theory and practical sessions, with opportunities to experience what it can be like to have SPD. The day will introduce you to:-

- What we mean by SPD and Sensory Integration
- The central role of our senses and how they integrate with each other
- How differently children with SPD experience the world
- How SPD can be identified
- The use of 'Sensory Circuits' and 'Sensory Diets' as sensory and sensorimotor-based strategies
- Other "Sense-able" solutions and resources to help children make sense of and connect with their world in order for them to cope and succeed at school, home and with friends

Target Audience

This training is suitable for SENCOs, teachers, TAs, support/advisory services and parents.

£80.00 per delegate

Lunch & refreshments are provided

FRIENDSHIP SKILLS

Monday 22 May 2017

09:30 – 15:30

Presented by:

**Clare Bridgewater, Inclusion & Outreach Manager, Meadowfield
Katie Skinner, Pupil Wellbeing Manager, Meadowfield**

Workshop objectives

Participants will consider the development of friendship skills and understand the particular difficulties that some children and young people experience. Participants will consider what the structure and content of a friendship skills group might be, in particular regard to children and young people with social communication difficulties.

Participants will consider why friendships can be tricky for children and young people with social communication difficulties.

Workshop content

The workshop will provide a breakdown of the range of skills necessary to establish and sustain a friendship and offer some strategies for their application.

Participants will consider when, where and how Friendship Skills programmes can be delivered so that there is a measurable impact on learning, behaviour and wellbeing for pupils.

Participants will receive a Friendship Skills Pack that may be used to deliver a Friendship Skills group for children and young people with social communication difficulties.

Target Audience

The day has been designed for staff working with primary aged children but will have some relevance for older pupils. The emphasis is upon children with Social Communication Difficulties (including pupils with Autism) who seek friendships but fail to maintain them.

£50.00 per delegate

Lunch & refreshments are provided

MAKATON ENHANCEMENT WORKSHOP

Mondays 12, 19 & 26 June 2017

09:30 – 15:30

Presented by Regional Makaton Tutors:

**Clare Bridgewater, Inclusion & Outreach Manager, Meadowfield
Carol Parry, Speech & Language Therapist, Ifield**

Workshop objectives

The **three-day** Enhancement Workshop concentrates on improving and developing signing and symbol skills. You will revise the signs and symbols you learnt on the Foundation Workshop and learn the signs and symbols for Stages 5-8 of the Core Vocabulary.

Workshop content

Lectures examine the assessment of users' needs, adapting communication to suit an individual's needs and how to develop communication skills. You will learn translation skills using signs and symbols. Numerous practical sessions provide opportunities to further develop signing skills.

Target Audience

This **three-day** Enhancement Workshop is recommended for professionals who need to use Makaton in their work, as well as for others who wish for a more in-depth training. This workshop is an essential part of entry criteria for Makaton Local and Regional Tutor Training. Participants must have completed the Foundation workshop.

£120.00 per delegate

Lunch & refreshments are provided

BOOKING INFORMATION & ROOM HIRE

For further information, to make a booking or to be added to our mailing list please contact Liz Lewis, MIDAS Administrative Assistant on 01795 477788 (option 5) MIDAS@meadowfield.kent.sch.uk

There will be no charge for cancellations made with more than 48hrs notice. Please note that non-attendance or cancellations made within less than 48hrs notice will be charged the full amount.

If you are booking a workshop from the MIDAS brochure, then lunch and refreshments will be provided unless otherwise stated. In all cases a vegetarian option is provided.

The MIDAS Centre at Meadowfield School is a modern conference facility offering 3 meeting rooms of various sizes with Wi-Fi, Whiteboards and Projectors.

Meeting room details:

Oak Room - Room Size: 1,125 x 770 cm

Capacity: 60 seats theatre-style or 40 seats cabaret-style

Ash Room - Room Size: 590 x 775 cm

30 seats theatre-style or 20 cabaret-style

Elm Room - Room Size: 580 x 755 cm

30 seats theatre-style or 20 cabaret-style

(Other configurations in all rooms are also available – please ask for more details)

Rooms are generally available from 9.30am until 4.00pm but may also be available outside of these times by prior agreement.

For bookings of the room facilities an option to include lunch is available at an additional cost.

THE MIDAS TEAM

Liz Lewis, Administrative Assistant

Jodie Williams, Administrative Officer

Clare Bridgewater, Outreach & Inclusion Manager

A separate brochure is available detailing a range of parent and carer workshops that will be held throughout the year at the MIDAS centre, Sittingbourne and at Thistle Hill Academy, Isle of Sheppey.

Details of all workshops are available via CPD online and via the Meadowfield website www.meadowfield.kent.sch.uk

The team look forward to welcoming you at the MIDAS centre



Meadowfield School, Swanstree Avenue, Sittingbourne, Kent, ME10 4NL