



**MIDAS**



Meadowfield Inclusion Development and Support

## **Workshops for Professionals**

**2017-2018**



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# FIRST AID AT WORK

**Wednesday 13 September 2017**

**09:30-15:30**

**Presented by:  
Jacky Baldock – First Aid Trainer**

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## **Workshop objectives**

This **one-day** First Aid at Work training course is for people wishing to gain a qualification in workplace first aid and also for anyone wishing to renew their current First Aid at Work qualification. (The Health and Safety Executive strongly recommend that you requalify within a month of your certificate expiring.)

## **Workshop content**

- The course will show you the theory and practice of how to deal with day to day emergencies in the workplace
- This is an intensive course which covers the contents of the First Aid at Work course in one day

## **Target Audience**

People wishing to obtain or renew a First Aid at Work qualification.

**£60.00 per delegate**

**Lunch & refreshments are included**

# FOUNDATION STAGE LANGUAGE FOR LEARNING

Commencing on:  
Wednesday 13 September 2017

13:00 – 16:00

Presented by:  
Christine Cardosi, Meadowfield STLS  
Alice Journeaux and Rosanna Warner, Speech & Language Therapists

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## Workshop objectives

Participants will gain an understanding of the term speech, language and communication needs (SLCN) and be able to adopt a structured approach from identification to intervention for pupils with SLCN. Participants will understand how to use a range of general and specific strategies to support children across the EYFS. This course includes activities to use in settings, working together with a colleague and cascading practice. **It is therefore important that a practising practitioner and the setting SENCO attend together.**

## Workshop content

This is a licensed course delivered by accredited trainers. There will be **five sessions** focussing on key aspects of speech, language and communication development, including measuring impact on pupil progress and delivery of SLCN needs within the EYFS.

Session 1- Introduction

Session 2 - Adult Child Interaction

Session 3 - Understanding the Meaning of Words

Session 4 - Understanding Language

Session 5 -Measuring impact and sharing good practice

**Dates: 13, 27 September, 11 October, 8 November 2017 & 21 February 2018**

## Target Audience

Early Years Practitioners/SENCOs.

**£75.00 per delegate**

**Refreshments are included**

Please note this course is only bookable via CPD online: Event Code: EYC 17/173

# PAEDIATRIC FIRST AID

**Wednesday 20 & Wednesday 27 September 2017**  
**Wednesday 25 April & Wednesday 2 May 2018**

**09:30-15:30**

**Presented by:**  
**Jacky Baldock – First Aid Trainer**

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## **Workshop objectives**

This **two-day** paediatric first aid course focuses on emergency scenarios that face professionals looking after young children and infants; including teachers, playgroup leaders, childcare providers and childminders. The paediatric first aid course meets the standards required by Ofsted. The course covers how to deal with accidents and emergencies involving babies and children.

## **Workshop content**

- The role of the first aider and managing an emergency
- Communication and casualty care
- Head Injuries, eye injuries, bone, muscle, joint and spinal injuries
- Foreign objects, allergic reaction, heat and extreme cold
- Asthma and diabetic emergencies, poisons, bites and stings
- Bleeding
- Resuscitation (all ages CPR)
- Seizures
- Burns
- Childhood conditions
- Choking

## **Target Audience**

This **two-day** course is for people working with younger children - those up to eight years old – or working towards an NVQ in Childcare and Education.

**£120.00 per delegate**

**Lunch & refreshments are included**

# PHONICS FOR BEGINNERS

**2 workshops available on:-  
Friday 29 September 2017  
or Monday 11 June 2018**

**09:30 – 15:30**

**Presented by:  
Sophie Cartwright, Meadowfield STLS**

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## **Workshop objectives**

This **one-day** workshop will provide participants with an overview of phonic development and how to implement phonics in the classroom. To develop participants' phonological awareness.

## **Workshop content**

- Participants will be given an overview of how phonics has developed and an opportunity to consider the most popular synthetic phonics programmes
- Participants will be enabled to further develop their own phonological awareness and become familiar with specific terminology
- Participants will consider phonic assessments to determine a child's phonic skill level
- There will also be opportunities to experience delivery of synthetic phonics

## **Target Audience**

SENCOs, TAs, teachers and anyone who needs to improve their knowledge and understanding of phonics.

**£55.00 per delegate**

**Lunch & refreshments are included**

# PHYSICAL DISABILITY - RAISING AWARENESS

Wednesday 4 October 2017

09:30 – 12:30

Presented by:

Grace Evans, STLS Physical Disability  
Max Fishel, County Lead, STLS Physical Disability

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## Workshop objectives

This **half-day** workshop will increase knowledge and understanding of key issues around physical disability (PD). It will enable mainstream staff to maximise inclusion (both academic and social), achievement and independence for children and young people (CYP) with PD.

## Workshop content

A combination of presentation, Q&A, role play and practical activities addressing:

- The medical and social models of disability
- The differences between integration and inclusion, and between having an impairment and being disabled
- The most common conditions leading to PD presenting in mainstream schools and settings
- Barriers which often prevent full inclusion and maximum independence for CYP with PD
- The importance of a whole school approach for PD awareness
- Reasonable adjustments, assistive technology, and adaptations
- Implementing inclusive strategies with CYP with PD
- TA deployment with CYP with PD
- The multi-agency approach in supporting CYP with PD
- Wider issues around the families of these CYP which may impact on their experience in schools and settings
- Key points from statutory legislation around PD and the need for accessibility plans and inclusion statements
- Reflection on own practice and identification of areas for change

## Target Audience

SENCOs, teachers and TAs in schools and Early Years settings.

**£33.00 per delegate (Schools)**

**£16.00 per delegate (PVI settings and maintained nurseries)**

**Refreshments are included**

**Please note this workshop is bookable via Valence School. Please contact MIDAS for a booking form**

# OMG! ADHD

Thursday 12 October 2017

09:30 – 15:30

Presented by:

**Katie Skinner, Pupil Wellbeing Manager & Meadowfield STLS**

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## **Workshop objectives**

For participants to:-

Understand what Attention Deficit Hyperactivity Disorder (ADHD) is.

Know what causes ADHD.

Understand the effects of ADHD.

Consider how to develop effective strategies to support children and young people with ADHD.

## **Workshop content**

This **one-day** workshop will include:

- Gaining an awareness of the diagnosis of ADHD
- Considering strategies and interventions to support learning
- Exploring positive approaches to behaviour management including the use of sanctions and rewards
- Considering what is 'good practice' for children with ADHD at home and at school

## **Target Audience**

This workshop is suitable for staff in Early Years settings, primary and secondary schools who have not previously attended training on ADHD, as well as professionals working with children and families who wish to gain an awareness of ADHD.

**£55.00 per delegate (Schools)**

**£30.00 per delegate (PVI settings and maintained nurseries)**

**Lunch & refreshments are included**



## LANGUAGE FOR LEARNING MODULE 1 - KS 1 & 2

**2 courses commencing on:  
Thursday 12 October 2017  
Or Thursday 8 March 2018**

**09:30-12:30**

**Presented by:  
Sophie Cartwright & Becky Kenny, Meadowfield STLS  
Lucy Porter & Kate Semmens, Speech & Language Therapists**

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### **Workshop objectives**

Participants will gain an understanding of the term speech, language and communication needs (SLCN) and be able to adopt a structured approach from identification to intervention for pupils with SLCN.

Participants will understand how to use a range of general and specific strategies to support pupils across the curriculum including any commercial resources the school may already have to support SLCN.

### **Workshop content**

This is a licensed course delivered by accredited trainers. There will be **four sessions** focussing on key aspects of speech, language and communication development, including measuring impact on pupil progress and curriculum delivery.

**The course is underpinned by reflective practice and collaboration, therefore it is expected that a teaching assistant and class teacher attend together.**

Session 1 - Introduction and Processing instructions and information

Session 2 - Understanding the meaning of words

Session 3 - Social communication

Session 4 - Measuring impact and sharing good practice

**Course 1 dates: 12 October, 2, 16 November 2017 and 22 February 2018**

**Course 2 dates: 8, 22 March, 19 April and 5 July 2018**

### **Target Audience**

Class teachers and teaching assistants working in collaborative pairs.

Class teachers attending alone if the TA has already been trained or attended another Language for Learning course.

**£100.00 per delegate**

**Refreshments are included**

**Please note this course is only bookable via CPD online: Event Code: SCH**

# THE CONFIDENT EARLY YEARS SENCO

Wednesday 18 October 2017

09:30 – 15:30

Clare Barwood, Meadowfield STLS

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## Workshop objectives

To build on the County Early Years SENCO training  
To extend Early Years SENCO's knowledge and skills  
To increase Early Years SENCO's confidence

## Workshop content

- This **one-day** workshop is designed to complement and extend the county training
- Gaining an awareness of the diagnosis of ADHD
- Participants will gain a deeper understanding of the role and will leave with a personal plan for how they can increase their ability to make a difference in their own setting
- This workshop will build on your ability to write SMART targets for targeted and personalised plans
- It will support your understanding of County processes such as SENIF and LIFT
- Participants will reflect on how to be more comfortable when having difficult meetings with parents

## Target Audience

This workshop is designed for practitioners who have attended the County Early Years SENCO training and would benefit from further support to develop their knowledge and skills.

**£30.00 per delegate**

**Lunch & Refreshments are included**

## SPECIAL YOGA

**Thursday 2 November 2017 for Cerebral Palsy & PMLD**  
**Thursday 16 November 2017 for Autism and ADHD**

**09:30-15:30**

**Presented by:**  
**Special Yoga Foundation**

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### **Workshop objectives**

Qualified and skilled special yoga trainers will deliver a **one-day** workshop to enable those caring for children with SEND to support the development of their potential. Special Yoga believes that all children deserve to experience inner peace, joy, comfort and the fulfilment of their potential and purpose.

### **Workshop content**

In this **one-day** workshop participants will develop the skills to tailor this therapeutic intervention to specific needs to the child or group they support. This may include:-

- Enhancing communication and creating a stable foundation of trust
- Regulation of breath control for self-regulation and relief from tension and pain
- Massage techniques to release tense muscles
- Appropriate yoga postures and how to adapt for those with more complex needs
- Mindfulness practises to reduce anxiety, fear and resistance
- Yoga as a sensory diet
- Yoga to support emotional regulation, health and wellbeing, improve digestion, metabolism and elimination and enhance immune function

### **Target Audience**

Staff in mainstream primary and secondary schools and staff in special schools.

**£80.00 per delegate**

**Lunch & refreshments are included**

# MAKATON FOUNDATION WORKSHOP

Monday 6 & Monday 20 November 2017

09:30 – 15:30

Presented by Regional Makaton Tutors:  
Clare Bridgewater, Inclusion Manager, Meadowfield  
Carol Parry, Ifield Speech & Language Therapist

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## Workshop objectives

Over 100,000 children and adults use Makaton symbols and signs, either as their main method of communication or as a way to support speech. Participants will learn the signs and symbols from Core Vocabulary Stages 1-4 and Additional.

## Workshop content

- The **two-day** Foundation Workshop provides a detailed introduction to the Makaton Vocabulary combining a practical approach with theory and technical information
- The lecture sessions include research into sign use, symbols, design themes, the use and purpose of Makaton and an overview of alternative systems of communication
- The practical sessions introduce the Core Vocabulary and provide opportunities to practise these signs and symbols
- Participants will consider what signs and symbols are relevant for them and plan for how to establish and maintain an inclusive signing environment

## Target Audience

The Foundation Workshop is recommended for professionals who need to use Makaton in their work, as well as for others who wish for a more in-depth training. This workshop is an essential part of entry criteria for Makaton Local and Regional Tutor Training.

**£90.00 per delegate**

**Lunch & refreshments are included**

# DYSLEXIA AWARENESS RAISING

Friday 10 November 2017

09:30-12:30

Presented by:  
Sophie Cartwright, Meadowfield STLS

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## Workshop objectives

To gain an understanding of the term dyslexia and to be aware of the Kent Policy for dyslexia. To be aware of practical strategies to support pupils with literacy difficulties.

## Workshop content

- This **half-day** workshop is part of the core training offer to support the Universal Level of Mainstream Core Standards and Best Practice Guidance
- In this workshop, participants will be introduced to the Kent Policy and gain an understanding of the definition of dyslexia
- Participants will explore the barriers to learning that dyslexia presents and be introduced to practical strategies that will support pupils with these difficulties

## Target Audience

Mainstream primary and secondary teachers and TAs who are new to working with children with literacy difficulties.

**£35.00 per delegate**

**Refreshments are included**

## **ASD AWARENESS RAISING - EARLY YEARS**

**2 workshops available on:  
Wednesday 15 November 2017  
or Wednesday 16 May 2018**

**09:30 – 15:30**

**Presented by:  
Christine Cardosi, Meadowfield STLS**

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### **Workshop objectives**

In this **one-day** workshop participants will gain an understanding of Autism and the strategies and interventions to support children who have a diagnosis of Autism Spectrum Disorder (ASD), with a focus on children in Early Years.

### **Workshop content**

- What is ASD and how does it affect children?
- The impact that ASD has on an individual's communication, language and play skills
- Creating an appropriate learning environment
- Understanding and managing behaviour through a range of practical strategies
- Developing effective support for pupils with ASD in your setting

### **Target Audience**

Staff in PVI settings and maintained nurseries.

**£30.00 per delegate**

**Lunch & refreshments are included**

# ATTACHMENT

**Tuesday 21 November 2017**

**09.30 – 12.30**

**Presented by:  
Joanne Hayes, Assistant Headteacher  
Gina Turner, Assistant Headteacher  
Virtual School Kent**

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## **Workshop objectives**

This **half-day** workshop, presented by Virtual Schools Kent who have extensive experience working with children whose early attachment patterns have been disturbed, sets out to raise awareness of the link to behaviour and learning patterns.

A child's ability to take part in learning and be fully included in school life can be fundamentally affected by their experiences of early relationships or attachments.

## **Workshop content**

- This **half-day** workshop provides an opportunity for all school staff to reflect on how an ethos of emotional wellbeing may strengthen inclusion, reduce disaffection and promote resilience
- This workshop will provide practical advice and ideas

## **Target Audience**

Anyone working directly with vulnerable children and young people.

**This workshop is FREE to attend**

**Refreshments are provided**

# COMMUNICATE IN PRINT

Thursday 23 November 2017

09:30 – 12:30

Presented by:  
**Sophie Cartwright & Becky Kenny, Meadowfield STLS**

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## **Workshop objectives**

To know when using Communicate in Print (CiP) might be appropriate.  
To be able to navigate the program effectively to create resources.  
To make and take away CiP resources for use in school.

## **Workshop content**

This **half-day** workshop will include:

- A brief overview of what CiP is and how it can support a range of pupils
- An opportunity to explore existing resources including some that are downloadable
- A hands-on tutorial on the basic functions of CiP and time to create resources to take back to school

**Laptops will be available but delegates can bring their own (with CiP installed) if preferred.**

## **Target Audience**

Staff in Early Years settings, primary and secondary schools who will have access to Widgit CiP software.

**£35.00 per delegate (Schools)**

**£20.00 per delegate (Staff in PVI settings and maintained nurseries)**

**Refreshments are included**



# CLEVER FINGERS AND DEVELOPING FINE MOTOR SKILLS

**Monday 27 November 2017**

**09:30 – 12:30**

**Presented by:**  
**Karen Al Khina, Paediatric Occupational Therapist**

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## **Workshop objectives**

To develop a greater understanding of fine motor skills development and competency and to raise awareness of the Clever Fingers strategy and how to implement this fine motor skills resource in your school.

## **Workshop content**

This **half-day** workshop will introduce you to the building blocks of fine motor skills development, as well as Clever Fingers and how it all works.

Do you work with pupils that have: poor motor co-ordination, poor fine motor skills, dyspraxia, poor independence skills? Then Clever Fingers is for you!

It is a fun and highly-motivating activity-based strategy devised for schools to help pupils of all ages with fine motor difficulties.

Clever Fingers is a 'Best Practice' strategy for AEN pupils. As a Resource Pack it comprises of an Interactive Web-based Application (Web App) with an accompanying book which provides:-

- Ideas and supporting resources for activities suitable for the classroom
- The means to identify potential underlying reasons for a pupil's poor fine motor skills
- Guidance on how to appropriately address these difficulties through the use of a Clever Fingers Activity Box
- The means to produce individualised Activity Selection Cards for pupils to use with a Clever Fingers Box
- The tools to assess and monitor pupils' progress
- An overview of the essential components of fine motor skills

This training will provide you with practical hands-on opportunities to try out the Resource Pack and create your own ideas for a Clever Fingers Box and activities.

For further information about Clever Fingers visit [www.cleverfingers.co.uk](http://www.cleverfingers.co.uk)

## **Target Audience**

Suitable for SENCOs, teachers, TAs, support/advisory services and parents.

**£60.00 per delegate**

**Refreshments are included**

# THE WELLBEING TOOL KIT 1

Thursday 30 November 2017

09:30 – 15:30

Presented by:  
**Becky Kenny, Meadowfield STLS**  
**Katie Skinner, Pupil Wellbeing Manager & Meadowfield STLS**

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## **Workshop objectives**

This is a **one-day** workshop to empower professionals and staff who work with children and young people to begin to learn relevant therapeutic approaches and skills whilst increasing confidence in identifying at risk students. To help prevent escalation in perceived difficulties and problems by enhancing emotional wellbeing in students and providing support for students with Social, Emotional & Mental Health (SEMH) difficulties in order to remove the barriers to effective teaching and learning.

## **Workshop content**

- Understanding mental health and wellbeing
- Developing assessment for wellbeing
- Understanding stress, depression and anxiety
- Managing anger
- Understanding self-harm
- Building resilience, using tools of Positive Psychology

## **Target Audience – primary & secondary school staff**

TAs, FLOs and other support staff who are so often on the receiving end of children's frustration, anger and unhappiness. Headteachers, SENCOs and classroom practitioners faced with the increasing demands placed on them by deteriorating standards of behaviour and wellbeing.

**£55.00 per delegate**

**Lunch & refreshments are included**

# GETTING BACK CONTROL - GETTING THE CLASS BEHAVIOUR YOU WANT WHEN IT'S ON THE SLIDE

Friday 1 December 2017

09:30 – 15:30

Presented by:  
**Dr Mike Waters, Consultant, Trainer and Coach**

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## **Workshop objectives**

Classes that behave well in the early weeks of a new school year can become much less biddable within a couple of months.

This **one-day** workshop is all about restoring the behaviour you want, restoring your class leadership, restoring your confidence and equipping you with the ideas, strategies and techniques to achieve all of the above.

## **Workshop content**

- Being the person they need you to be
- Establishing your authority
- Dealing with challenges to your authority
- Getting and keeping their attention
- Managing noise levels
- Getting the class to comply with your directions
- Keeping the focus on learning
- ... and much more

## **Target Audience**

All teachers who want to improve their behaviour management and class leadership.

**£80.00 per delegate**

**Lunch & refreshments are included**

# LEGO AS AN INTERVENTION

**2 courses are available on:  
Thursday 7 December 2017 & Thursday 22 February 2018  
or Thursday 22 March & Thursday 21 June 2018**

**09:30 – 12:00**

**Presented by:  
Katie Skinner, Pupil Wellbeing Manager & Meadowfield STLS**

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## **Workshop objectives**

In this practical **two-part** course, delegates will gain an understanding of the theory and practicalities for the use of LEGO kits with children who have communication and interaction difficulties, as well as guidance and feedback on setting up and running LEGO groups in school.

## **Workshop content**

Originally devised in the U.S. as a therapeutic intervention by Daniel Legoff, there is now a growing interest amongst schools in the use of LEGO kits to promote the development of communication and interaction skills in children and young people with ASD.

The format and structure of a LEGO group session combined with the inherently motivating and engaging aspect of using LEGO kits to build a model, has been demonstrated to have a positive impact on the development of key pro-social skills.

**Session 1** covers theory and setting up of a LEGO group

**Session 2** covers troubleshooting, feedback and evaluating your group

**Participants will need to bring 1 small LEGO kit (The 3 in 1 Creator Kits are ideal and cost approximately £5 from supermarkets).**

## **Target Audience**

Staff in Early Years settings, primary and secondary schools.

**£55.00 per delegate (Schools)**

**£30.00 per delegate (Staff in PVI settings and maintained nurseries)**

**Refreshments are included**

# **SUPPORTING CHILDREN TO USE THE 5 POINT SCALE TO REGULATE THEIR BEHAVIOURS**

**Friday 12 January 2018**

**09:30 – 12:30**

**Presented by:  
Katie Skinner, Pupil Wellbeing Manager & Meadowfield STLS**

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## **Workshop objectives**

This **half-day** workshop will focus on developing an understanding of why some children struggle to recognise, regulate and understand their own emotions and behaviours. Participants will be introduced to The 5 Point Scale and consider how it can be used at home, at school and in the community.

## **Workshop content**

- Reasons why children can struggle to recognise, regulate and understand their emotions
- How and why scaling questions can be useful
- Considering the range of issues that can be addressed using a 5 point scale
- How a 5 point scale works in practice and how it can help children to learn to identify, regulate and de-escalate their own behaviours and emotions in challenging situations

## **Target Audience**

This workshop is suitable for anyone working with children who need assistance with self-regulation, especially Key Stages 2 – 4.

**£35.00 per delegate**

**Refreshments are included**

# PHYSICAL DISABILITY – CARE PLANS & RISK ASSESSMENTS

**Tuesday 16 January 2018**  
**09:30 – 12:30 (Schools)**  
**13:00-16:00 (Early Years Settings)**

**Presented by:**  
**Charlotte Geen and Sue Letley, STLS Physical Disability**

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## **Workshop objectives**

To effectively assess risk for a child with additional educational needs in your setting or school and understand why Care Plans and Risk Assessments are a necessity. This session is primarily focussed on children with Physical Disability (PD) and/or complex medical needs, but the same process also applies to all need types.

## **Workshop content**

This **half-day** workshop is an interactive session, and practical examples will be given which colleagues can use or adapt for immediate use in their own contexts. Notes and handouts will be available for you to take back to your setting or school as a template, in order to create your bespoke plans for the child/ren in your care.

The PD Care Plans and Risk Assessments training supports a pre-school setting or school in asking many questions that may be related to a child or potential hazard. We will also signpost colleagues to further sources of resources and information relating to PD.

Attendees will:

- Be confident in understanding what a Care Plan and Risk Assessment is
- Have considered why we need Care Plans and Risk Assessments
- Recognise events or risks that a setting or school should consider and how they are to be included within these plans
- Be aware of the safety and risk barriers which often prevent full inclusion and maximum independence for children with PD
- Spend time looking at who should be invited to the child's Care Plans and Risk Assessment tri-annual reviews
- Consider the best place within the setting or school to keep these daily and emergency plans
- Have the opportunity to workshop case studies and work in groups to be able to write a basic Care Plan or Risk Assessment
- Be able to reflect on their own practice and identify areas for change

## **Target Audience**

SENCOs, teachers, TAs and staff in Early Years settings

**£33 per delegate (Schools)**

**£16 per delegate (Staff in PVI settings and maintained nurseries)**

**Refreshments are included**

# AN INTRODUCTION TO BASIC COUNSELLING SKILLS

Wednesday 17 January 2018

09:30 – 15:30

Presented by:  
Jason Colyer, Counsellor

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## Workshop objectives

This **one-day** workshop is suitable for delegates who have an interest in using counselling skills within their current role. Participants will develop skills to support those who draw on counselling skills in the workplace.

## Workshop content

- What is meant by Counselling?
- Developing self-awareness
- Using paraphrasing and reflection of feelings
- Empathy not sympathy
- What is unconditional positive regard?
- Being congruent
- The importance of confidentiality and ethics
- When to refer onto other agencies

## Target Audience

This workshop is ideal for professionals who work in a helping role or anyone who is interested in enhancing their people and communication skills.

**£80.00 per delegate**

**Lunch & refreshments are included**

## **DYSLEXIA LEVEL 2**

**Three-part course on:-  
Thursday 18 January 2018  
Thursday 1 February 2018  
Thursday 29 March 2018**

**09:30 – 12:30**

**Presented by:  
Sophie Cartwright, Meadowfield STLS**

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### **Workshop objectives**

To provide delegates with a greater awareness of the assessment and identification of dyslexia. To understand the barriers to learning and how interventions can support learners.

### **Workshop content**

This is a **three-part** course:

- Session 1 - considers identification and assessment of dyslexia
- Session 2 - investigates phonic development and interventions
- Session 3 - is a review of research projects and support for policy development and working with parents

### **Target Audience**

This **three-part** course is suitable for school staff wishing to develop a specialism in teaching children with difficulties in literacy and/or who take a lead role in the school for literacy.

**£90.00 per delegate**

**Refreshments are included**



# KENT ASD STAGE 1 AWARENESS RAISING - PRIMARY

Tuesday 23 January 2018

09:30 – 15:30

Presented by:  
Becky Kenny, Meadowfield STLS

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## Workshop objectives

Participants will gain an understanding of Autism and the strategies and interventions to support children and young people who have a diagnosis of Autism Spectrum Disorder (ASD).

## Workshop content

This **one-day** workshop will include:

- What is ASD?
- Psychological theories relating to ASD
- Implications for communication and interaction
- Creating an appropriate learning environment – strategies and interventions
- Dealing with behaviour – understanding and supporting pupils
- Developing effective support for pupils with ASD in your school

## Target Audience

This **one-day** workshop is designed for staff in primary schools who are new to working with pupils with ASD or those who have not previously attended Autism training.

**£55.00 per delegate**

**Lunch & refreshments are included**

# AUDITORY PROCESSING DISORDER

Thursday 25 January 2018

09:30 – 12:30

Presented by:  
Sophie Cartwright, Meadowfield STLS

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## Workshop objectives

This **half-day** workshop will develop delegates' awareness of Auditory Processing Disorder (APD) and the impact it can have on learning, as well as offering practical strategies to support children and young people in the classroom.

## Workshop content

Children with APD may have noticeable problems from an early age, although sometimes these symptoms may not be obvious or may not be apparent until they start school. It is thought that 5% of the population may have APD to some degree.

This workshop will explore:

- What is APD?
- What is the impact of APD on learning?
- Practical strategies for supporting children and young people

## Target Audience

All staff working with pupils in primary and secondary schools.

**£35.00 per delegate**

**Refreshments are included**

# USING THE TOOLS OF CBT WITH CHILDREN & YOUNG PEOPLE

Friday 2 February 2018

09:30 – 15:30

Presented by:  
Dr Tina Rae

Educational and Child Psychologist, Author and Educational Consultant

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## Workshop objectives

In this **one-day** workshop participants will be introduced to key tools and strategies from Cognitive Behaviour Therapy (CBT) and provided with opportunities to practise and apply these both to case studies and real life examples.

## Workshop content

CBT reveals the role that thoughts play in relation to both our emotions and our behaviours. This approach advocates that change in thought processes can have a significant effect upon altering behaviours. CBT focuses upon the “here and now” as well as ways to improve the individual state of mind in the present time.

Participants will focus on the following key elements:

- Restructuring thought processes and changing negative thought patterns to become more able to control and change behaviours
- The ABC of CBT. A - the activating event, B - negative beliefs, C - the consequences
- Core beliefs: beliefs about yourself, beliefs about other people in the world, beliefs that are either positive or negative

This will be an informative and practical day and participants will:

- Make use of a framework for running initial and subsequent sessions
- Take away a ‘grab pack’ of useful resources and strategies to use with children and young people

## Target Audience

Staff in primary and secondary schools and other professionals supporting children, young people and their families.

**£80.00 per delegate**

**Lunch & refreshments are included**

# TEACHING ASSISTANTS WORKING WITH CHILDREN AND YOUNG PEOPLE WITH PHYSICAL DISABILITIES/COMPLEX MEDICAL NEEDS

Tuesday 6 February 2018

09:30 – 12:30

Presented by:

Theresa Clements, HLTA, Hugh Christie Technology College  
Max Fishel, County Lead, STLS Physical Disability

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## Workshop objectives

To understand the roles and responsibilities of TAs in supporting children and young people (CYP) with physical disabilities (PD).

To be aware of the *Maximising the Impact of Teaching Assistants (MITA)* project.

To explore key points of best practice in order to best enable achievement, independence and full inclusion for learners with PD.

## Workshop content

This **half-day** workshop will:

- Using key ideas in the MITA project, examine in practical terms the role of the TA in supporting learners with PD
- Explore examples of reasonable adjustments
- Consider information on key features of common conditions leading to physical disabilities and their impact on learning and classroom practice
- Explore accessibility functions in Windows and iOS and assistive technology
- Try out practical classroom strategies using real life classroom situations
- Explore related issues around perceptions of disability and how these can impact on teaching and learning

## Target Audience

TAs, teachers in mainstream schools managing TAs working with CYP with PD and those preparing to do so to fulfil the anticipatory requirements of the SEND Code of Practice. **It is strongly recommended that TAs and teachers who work together both attend this course.** Some SENCOs may also wish to attend.

**£33.00 per delegate**

**Refreshments are included**

**Please note this workshop is bookable via Valence School. Please contact MIDAS for a booking form**

# DYSCALCULIA

Thursday 8 February 2018

09:30 – 12:30

Presented by:  
Sophie Cartwright, Meadowfield STLS

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## Workshop objectives

Participants will understand what is meant by the term dyscalculia. Participants will have practical assessment methods to enable them to understand the ways that individuals with dyscalculia and numeracy difficulties learn.

## Workshop content

- This **half-day** workshop is core training to support the Universal Level of Mainstream Core Standards and Best Practice Guidance
- This workshop will provide practical strategies to support individuals with dyscalculia and numeracy difficulties
- Participants will explore the definition of dyscalculia and how to assess children's early maths skills effectively
- Opportunities to explore a range of practical activities to address each area of difficulty

## Target Audience

Mainstream primary and secondary teachers and TAs.

**£35.00 per delegate**

**Refreshments are included**

# AN INTRODUCTION TO SENSORY PROCESSING DISORDERS AND SENSORY INTEGRATION

Monday 26 February 2018

09:30 – 15:30

Presented by:  
**Karen Al Khina, Paediatric Occupational Therapist**

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## **Workshop objectives**

To provide an introduction to Sensory Processing Disorder (SPD) and the challenges and significant impact it can have on children and their ability to access learning, as well as to function and cope at school, home and in their everyday lives.

## **Workshop content**

Do you work with children that exhibit:

Oversensitivity or under-sensitivity to touch, taste, smell, sound or sight?

Oversensitivity or under-sensitivity to movement sensations?

Unusually high or low activity levels?

Problems with motor coordination?

Once thought to affect only children with ASD, or mistaken for ADHD, sensory processing difficulties are now being recognised as a separate condition that can affect many different children (and adults).

This **one-day** workshop will include both theory and practical sessions, with opportunities to experience what it can be like to have SPD. The day will introduce you to:

- What we mean by SPD and Sensory Integration
- The central role of our senses and how they integrate with each other
- How differently children with SPD experience the world
- How SPD can be identified
- The use of 'Sensory Circuits' and 'Sensory Diets' as sensory and sensorimotor-based strategies
- Other "Sense-able" solutions and resources to help children make sense of and connect with their world in order for them to cope and succeed at school, home and with friends

## **Target Audience**

This workshop is suitable for SENCOs, teachers, TAs, support/advisory services and parents.

**£80.00 per delegate**

**Lunch & refreshments are included**

# BEHAVIOUR FOR LEARNING

Thursday 1 March 2018

09:30 – 15:30

Presented by:

**Katie Skinner, Pupil Wellbeing Manager & Meadowfield STLS**  
**Jonathan Smeeton, Meadowfield STLS**

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## **Workshop objectives**

Participants will consider the unwanted low-level behaviours that impact on learning within the classroom and explore strategies and interventions to support positive behaviour, wellbeing and engagement.

## **Workshop content**

During this **one-day** workshop participants will:

- Identify the behaviours that are barriers to learning and consider the underlying causes of these behaviours
- Explore approaches to support positive behaviour in order that learning opportunities in the classroom are maximised
- Consider strategies and interventions that can be used within the classroom setting with a focus on the individual support required
- Develop an understanding of building positive relationships with individual pupils to enhance pupil engagement and wellbeing
- Participate in interactive sessions to explore, discuss and share good practice when dealing with unwanted low level behaviours that can impact on learning

## **Target Audience**

This workshop is relevant for teachers and TAs in primary and secondary schools.

**£55.00 per delegate**

**Lunch & refreshments are included**

# CLICKER 7

**Friday 2 March 2018**

**09:30 – 12:30**

**Presented by:  
Sophie Cartwright & Becky Kenny, Meadowfield STLS**

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## **Workshop objectives**

In this **half-day** workshop participants will know when using Clicker might be appropriate.

Participants will be able to navigate the program effectively to create resources.

## **Workshop content**

- A brief overview of what Clicker is
- How Clicker can support a range of pupils
- An opportunity to explore existing resources available online
- A hands-on tutorial on the basic functions of Clicker and how to adapt existing resources for new users

**Laptops will be available but delegates can bring their own (with Clicker installed) if preferred. We will be using Clicker 7 but Clicker 6 users are also welcome**

## **Target Audience**

Staff in Early Years settings, primary and secondary schools who will have access to Clicker software.

**£35.00 per delegate (Schools)**

**£20.00 per delegate (Staff in PVI settings and maintained nurseries)**

**Refreshments are included**



# **POSITIVE RELATIONSHIPS & SOCIAL DEVELOPMENT IN EARLY YEARS**

**Tuesday 6 March 2018**

**09:30 – 15:30**

**Presented by:  
Clare Barwood & Christine Cardosi, Meadowfield STLS**

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## **Workshop objectives**

In this **one-day** workshop participants will understand how to develop effective practice in supporting children where behavioural, emotional and social development is causing concern.

Participants will also consider how the environment impacts on behaviour and increase your confidence and skills in using strategies to support children with social and emotional difficulties.

## **Workshop content**

- Participants will consider behaviour in the context of children's developmental levels and interactions with their environments
- There will be opportunities to explore the implications for our practice through group discussion and reference to the Inclusion Development Programme
- Participants will look at a range of strategies to promote positive relationships within the context of a whole team approach

## **Target Audience**

Staff in Early Years settings new to their role and those wishing to refresh their skills.

**£35.00 per delegate**

**Lunch & refreshments are included**

# ASD & ANXIETY

Thursday 8 March 2018

09:30-15:30

Presented by:

**Katie Skinner, Pupil Wellbeing Manager & Meadowfield STLS**

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## **Workshop objectives**

To understand why anxiety forms such a barrier to learning.

To empathise with children and young people who feel anxious at school.

To explore a range of evidence-based interventions to support children and young people who have Autism Spectrum Disorder (ASD) and experience significant levels of anxiety.

## **Workshop content**

In this **one-day** workshop participants will:

- Develop an understanding of different types of anxiety
- Consider sensory needs and associated anxiety for people with ASD
- Understand theories of autism and the link to anxiety
- Consider psychological interventions to help children and young people to manage their anxiety
- Reflect on successful reintegration to school after a period of school refusal due to severe anxiety

## **Target Audience**

SENCOs, primary and secondary teachers, TAs and other professionals working with children and young people with ASD.

**£55.00 per delegate**

**Lunch & refreshments are included**

# WORKING 1:1 WITH PUPILS WHO CHALLENGE US

Tuesday 13 March 2018

09:30-15:30

Presented by:  
Dr Mike Waters, Consultant, Trainer and Coach

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## Workshop objectives

This **one-day** workshop will equip you to better manage and achieve success with pupils who are troubled, troubling and troublesome.

## Workshop content

- Better understanding of what lies behind troubled pupils and troublesome behaviour
- Establishing rapport and resilient relationships
- Being what they need you to be
- Managing difficult behaviours
- Building the confidence and self-efficacy of these pupils
- Building their faith in the communication process
- Helping you to better cope with the emotional demands of working with challenging children and young people

## Target Audience

All teachers, TAs, mentors and other support staff working 1:1 with challenging pupils in schools, PRUs and out-of-school settings.

**£80.00 per delegate**

**Lunch & refreshments are included**

# MAKATON BEGINNERS WORKSHOP

**Monday 19 & Monday 26 March 2017**

**09:30 – 15:30**

**Presented by Regional Makaton Tutors:  
Sophie Cartwright & Becky Kenny, Meadowfield STLS**

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## **Workshop objectives**

Participants will learn the principles underlying the use of signing and symbols. They will learn signs and symbols for stages 1-4 and additional vocabulary.

## **Workshop content**

- The Beginners' **two-day** course provides a practical introduction to the Makaton Language Programme. Over 100,000 children and adults use Makaton symbols and signs, either as their main method of communication or as a way to support speech
- The sessions include discussing commonly asked questions, hints and tips for effective signing and symbol use and how to start using Makaton in everyday situations at home or work
- Participants will learn the signs and symbols for Stages 1-4 and Additional of the Core Vocabulary.
- Participants will consider what signs and symbols are relevant for them and plan for how to establish and maintain an inclusive signing environment

**Study Materials: You will receive two course manuals, which include the signs and symbols that you have learnt.**

## **Target Audience**

This **two-day** course is suitable for professionals, parents and carers.

**£90.00 per delegate**

**Lunch & refreshments are included**

# **SUPPORTING VULNERABLE YOUNG PEOPLE WITH TRANSITION**

**Tuesday 20 March 2018**

**09:30 – 12:30**

**Presented by:**

**Joanne Hayes, Assistant Headteacher  
Gina Turner, Assistant Headteacher  
Virtual School Kent**

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## **Workshop objectives**

You are invited to spend a morning with us exploring transition for complex and vulnerable young people at a personalised level.

## **Workshop content**

This **half-day** workshop provides a chance to reflect on and improve the experiences that young people have when they move schools, whether at usual transition times or through the academic year. Virtual Schools Kent (VSK) have successfully supported many young people through this stage of change, separation/loss and also prepared them to look forward to new and exciting times as they move on.

## **Target Audience**

With the aim of sharing ideas and experiences through the morning, this workshop is for primary and secondary school staff who want to learn more about transition theory, planning personalised interventions and will also give an opportunity to make resources and develop creative approaches that can be taken back to school.

*Please note that this training does not look at whole school transitions systems or planning for a year group in general.*

**This workshop is FREE to attend**

**Refreshments are provided**

# SLEEP EASY

Friday 23 March 2018

09:30 – 15:30

Presented by:

**Katie Skinner, Sleep Scotland Sleep Counsellor & Meadowfield STLS**

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## **Workshop Objectives**

Research indicates that sleep problems can be a persistent and severe problem for the majority of children with learning disabilities. Improved sleep can lead to reduced stress within the family and improved educational outcomes for the young person. This workshop will raise awareness of sleep difficulties and possible strategies to support families to make small changes that can result in significant benefits.

## **Workshop Content**

This **one-day** workshop will:

- Introduce participants to a range of sleep problems in children and young people with additional support needs
- Consider the sleep patterns and processes in children and young people with additional support needs
- Identify possible causes of sleep difficulties
- Consider cognitive and behavioural techniques to improve them
- Explore how to effectively support families to successfully manage their children's sleep problems

## **Target Audience**

This workshop is open to professionals supporting families in a range of contexts including SENCOs, mainstream and special school teachers, FLOs, TAs, Mentors and Family Support Workers.

**£55.00 per delegate (Schools)**

**£30.00 per delegate (Staff in PVI settings and maintained nurseries)**

**Lunch and refreshments are included**

# VISUAL SUPPORT STRATEGIES - EARLY YEARS

Friday 27 April 2018

09:30 – 12:30

Presented by:  
Christine Cardosi, Meadowfield STLS

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## Workshop objectives

For participants to have an increased awareness of the range of visual strategies to use for supporting children's learning and behaviour.

For participants to reflect on a need in their own setting and produce a visual resource to meet it.

## Workshop content

- In this **half-day** workshop participants will explore what we mean by visual strategies and gain an understanding of how they support learning
- There will be a range of resources for practitioners to explore and an opportunity to make a resource for your own setting or specific child

## Target Audience

Staff in Early Years settings.

**£20.00 per delegate**

**Refreshments are included**

# AUTISM IN-DEPTH: AN INTERACTIVE SESSION

Thursday 3 May 2018

9:30 – 12:30

Presented by:  
Dean Beadle, autistic speaker

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## Workshop objectives

To look at the needs and experiences of autistic young people.

To shine a light on needs/issues that are often overlooked.

Learning about autism from a humorous personal perspective.

To reflect together on the best way to support individuals on the spectrum.

To highlight the positive impact that parents/professionals can have.

## Workshop content

- This **half-day** workshop addresses key areas of autism such as: social/emotional needs, anxiety, sex ed, special interests, sensory issues
- Each area is covered in-depth with opportunities for attendees to discuss how these impact their own students/children through group discussion activities and feedback
- This workshop is finished off with a talk from Dean, detailing his school experiences. Whilst humorous and light-hearted, it is also a very powerful session that reminds both staff and parents of the huge impact they can make on their autistic young people reaching their potential

## Target Audience

Anybody that lives and/or works with autistic young people.

**£60.00 per delegate**

**Refreshments are included**



# FRIENDSHIP SKILLS

Thursday 7 June 2018

09:30 – 15:30

Presented by:

**Katie Skinner, Pupil Wellbeing Manager & Meadowfield STLS**

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## Workshop objectives

Participants will consider the development of friendship skills and understand the particular difficulties that some children and young people experience. Participants will consider what the structure and content of a friendship skills group might be, in particular regard to children and young people with social communication difficulties.

Participants will consider why friendships can be tricky for children and young people with social communication difficulties.

## Workshop content

- This **one-day** workshop will provide a breakdown of the range of skills necessary to establish and sustain a friendship and offer some strategies for their application
- Participants will consider when, where and how Friendship Skills programmes can be delivered so that there is a measurable impact on learning, behaviour and wellbeing for pupils
- Participants will receive a Friendship Skills Pack that may be used to deliver a Friendship Skills group for children and young people with social communication difficulties

## Target Audience

This workshop has been designed for staff working with primary aged children but will have some relevance for older pupils. The emphasis is upon children with Social Communication Difficulties (including pupils with Autism) who seek friendships but fail to maintain them.

**£55.00 per delegate**

**Lunch & refreshments are included**

# MEMORY

Friday 8 June 2018

09:30-12:30

Presented by:  
**Sophie Cartwright & Becky Kenny, Meadowfield STLS**

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## **Workshop objectives**

This **half-day** workshop will develop participant's awareness of some of the difficulties that pupils with memory difficulties encounter in a mainstream educational setting and offer practical strategies to support children and young people in the classroom.

## **Workshop content**

Children with memory difficulties may experience problems from an early age, although sometimes these symptoms may not be obvious or may not be apparent until they start school.

This workshop will explore:

- What is the impact of memory difficulties on learning?
- Practical strategies for supporting children and young people

## **Target Audience**

TAs, Teachers and SENCOs in primary and secondary schools

**£35.00 per delegate**

**Refreshments are included**

## **BOOKING INFORMATION**

There will be no charge for workshop cancellations made with more than 48hrs notice. Please note that non-attendance or cancellations made within less than 48hrs notice will be charged the full amount.

For further information, to make a booking or to be added to our mailing list please contact Liz Lewis, MIDAS Administrative Assistant on 01795 477788 (option 5) [MIDAS@meadowfield.kent.sch.uk](mailto:MIDAS@meadowfield.kent.sch.uk)

## **ROOM HIRE**

The MIDAS Centre at Meadowfield School is a modern conference facility offering 3 meeting rooms of various sizes with Wi-Fi & projectors.

Rooms are generally available from 9.30am until 4.00pm but may also be available outside of these times by prior agreement.

For further information, booking options and availability please contact Liz Lewis, MIDAS Administrative Assistant on 01795 477788 (option 5) [MIDAS@meadowfield.kent.sch.uk](mailto:MIDAS@meadowfield.kent.sch.uk)

## THE MIDAS TEAM

Liz Lewis & Lisa Colquhoun, Administrative Assistants  
Jodie Williams, Administrative Officer  
Clare Bridgewater, Inclusion Manager  
Meadowfield STLS Team are also based at the MIDAS Centre

A separate brochure is available detailing a range of parent and carer workshops that will be held throughout the year at the MIDAS Centre, Sittingbourne and at Halfway Houses Primary School, Isle of Sheppey.

Details of all workshops are available via CPD online and via the Meadowfield website [www.meadowfield.kent.sch.uk](http://www.meadowfield.kent.sch.uk)

The team look forward to welcoming you at the MIDAS Centre.



**Meadowfield School, Swanstree Avenue, Sittingbourne, Kent, ME10 4NL**

**Tel: 01795 477788 (option 5)**